

# CORK BOAT CLUB NEWSLETTER

January 2023

## A TRIBUTE TO A GREAT

The club recently renamed our infamous café to “Muireann’s Café” in order to honour such a valued member of our club and ensure that their legacy is remembered for years to come.

The club Café is a great place for socialising between parents, rowers and guests of the club; however it is nothing without it’s fantastic group of volunteers. If you would like to join the café group, just call into the café on any weekend.



*Muireann's Café up and running.*

## A WELCOME BACK

Hello again everyone, and welcome back to another installment of the newsletter, the best place to catch up on all things Cork Boat Club.

## Winter Miles Make Summer Smiles

While many people like to sit inside on a nice winter's evening, our athletes are doing the bulk of their training. With long sessions on the rowing machine, in the gym or on the water on a frosty Saturday morning.

## Head Season

The head season provides a nice break from the slog of winter training, and is a great opportunity to keep tools sharpened before summer racing starts up again. So far into the season, the club has enjoyed huge success in head season so far. These include:

### Skibbereen Head of the River

Women's Master's 8 composite winners

Men's Master's 8 composite winners

### Provincial Indoor Rowing Championships

Men's Senior 2000m – Eamonn Joyce

JW15 5 minute – Chloe Liggett

### Muckross Head of the River

Men's Senior 4-

Men's Senior 1x – Michael Cronin

MJ16 4x+

MJ15 2x

Women's Master's 8+

Men's Master's 8+



*James O'Leary receiving his Club Person of the Year award.*

## **SOCIAL EVENTS**

Of course the rowing season isn't all about the hard winter miles, or even the racing. We all like to get out and socialise every now and again, and this winter has been no different. The club's infamous dinner dance returned to the Metropole Hotel in November, and certainly lived up to expectations. With an opportunity to reflect on the best parts of the past few years, it was great to be able to celebrate Cork Boat Club once more.

The club also held its annual scatter regatta and Christmas raffle on St. Stephen's Day. The scatter was held in the morning, with four eights taking to the water, followed by a hugely successful Christmas raffle.

## **Looking forward**

Boat Club never sleeps. In the coming months we will see crews competing in Cork Head of the River, which is our local race; we will also see crews travelling to London to race in the Eights Head of the River, where our senior men, master's women, and master's men will be wearing the brown and white of Cork Boat Club on the famous tideway course.

The club will also be busy with fundraising events. There will be a table quiz and an ergathon, dates still to be announced. So keep an eye out on the club social media for more updates to follow.

That is all from us at Cork Boat club. Until next time.