



Cork Boat Club Newsletter February 2016

In recent years there have been many changes at Cork Boat Club, a club that holds a place in the hearts of so many. Even though much has changed, anyone who was ever involved in our club, whether rower, coach or friend, shares a lot of the same memories; the feeling of being a part of something special, something bigger than just one person; the early mornings on the river while most of Blackrock was still asleep; the feeling you get practising starts in the lead up to champs; the emotions of both winning and losing. One other thing which we all share is immense pride, pride at being a part of Cork Boat Club at some moment in history. Reminiscing on this history is so important...so that we can see where we have been, where we are now and where we are going. The future of Cork Boat Club is bright but we need your help and support and we wanted to reach out to all of you to show you the incredible work which has been going on at a place we all love.

Rowing and Club Developments

Huge success has been achieved by Cork Boat Club Oarsmen and Oarswomen throughout the history of our club. We had an incredible year in 2014, where history was made by Cork Boat Club at the Irish Rowing Championships, with the club bringing home 7 National Titles – the highest number of wins of any club in the country. We also had 14 athletes represent Ireland at various International events in 2014 including representation at the World Rowing Championships by Marie O'Neill. 2015 proved to be another successful season with 7 wins at the champs, including two National Championships. CBC was again proudly represented internationally at the Coupe de la Jeunesse by Shane O'Connell and Dervla Forde.

For the last four years we have also held a very successful summer camp which allowed new junior members the opportunity to take part in an intensive introduction to rowing for a week to help them get started at Cork Boat Club. As well as this we are delighted to have the support of so many parents and volunteers in the club who run a fantastic café on Saturday and Sunday mornings where members, coaches and parents can gather for a chat, a coffee and bite to eat after training.

Our New and Improved Clubhouse - Official Opening 12th Dec 2015

On December 12th 2015 we celebrated the completion of an 18 month program of renovation of its clubhouse a re-opening ceremony attended by club members and their families, as well as local public representatives. The works were funded by a 2014 grant of €100,000 from the government's Sports Capital Programme, Cork City Council and club members.

Three construction projects were completed: the ruin of historic Blackrock Coastguard Station dating from the 1840s is part of the club's grounds and a prominent landmark in Blackrock Village and was in imminent danger of collapse. The roof of the large clubhouse designed by renowned Cork architect Frank Murphy was also replaced in its entirety and the club's gym received a complete renovation with new windows, reconstructed walls and painting. Part of this work involved restoring windows on the Eastern perimeter revealing breathtaking views toward Blackrock Castle.



Here are a few photographs to set the scene and show you the developments taking place at the club house....

Before...



The old coastguards station gives us an insight into the rich history of our club. For many years it was an eyesore but this year with the help of a restoration grant from the Cork City Council it was restored to its former glory.



After...

Before...



The men's toilets which were once run down and in bad order were refurbished and improved greatly. As were all of the clubs toilets

After...



Before...

Creating a club we can be proud of...

Thank you to all of the volunteers who worked so hard to make these wonderful improvements to our club.



After...

From times long ago and not so long ago..





Presidents Dinner 2016

The annual presidents dinner is to be held on March 4th 2016 at Blackrock Castle at 7.30pm All members past and present are welcome to attend (over 18's only). For more details please see our facebook page or email secretary@corkboatclub.com. Cork Boat Club hold many events throughout the year and we would love to see you at them!

More good news stories...

AMBER FLAG AWARD

Cork Boat Club was delighted to be awarded the Amber Flag Award, by Suicide Aware in 2015. Cork Boat Club will aim to actively encourage and promote the mental wellbeing of all our members by organising fun events, providing information to members and by creating a safe environment for all.

DEFIBRILLATOR AND CPR TRAINING

Staff from the Red Cross provided a defibrillator and CPR course for members in the club last season. We now have 15 fully trained members in these life saving techniques. Our defibrillator is located at the back of the eastern boat bay near the stairs and gents changing room.

So there you have it, a quick snapshot of what's happening at Cork Boat Club. A sudden blast from the past for many of you, and one which we hope brought a smile to your lips, perhaps a tear to your eye and a couple of laughs remembering many happy times. We are all working to develop a better club for all, where young people and adults alike can get involved in the sport of rowing be it as an athlete, a coach, a committee member or a volunteer. **WE NEED YOUR HELP!** So please continue to support us as you always have and if you have been away from the club for awhile please know that you will be welcome back with open arms to get involved again. Join us on Facebook and keep up to date with what's happening!



Contact secretary@corkboatclub.com for any queries.